

16th February 2024

Dear Parent/Carer

As you may already be aware, Relationships and Sex Education (RSE), along with Health Education is now forming part of the National Curriculum. Therefore, as part of our school's wider Personal, Social and Health Education programme, your child will receive lessons on relationships, sexual health and education as well as personal safety during next half term.

The purpose of the RSE curriculum is to provide children with the knowledge and understanding of how to grow up healthy, happy, safe and able to manage the challenges and opportunities of modern Britain.

To prepare you for any questions your child may have after the lessons, the knowledge organisers and resources being used from Kapow Primary will be uploaded to the classes' Google Classrooms and will be available to look at from 3:30 pm on Friday 16th February. Please login using your child's details as usual to access these resources. Each lesson has an accompanying video created by Kapow Primary however these cannot be added to Google Classroom due to copyright. If you wish to view these videos, please contact your class teacher who can arrange for you to watch them at school.

The lessons will be age appropriate and the children will be given the opportunity to ask questions anonymously if they choose. We believe that these lessons are an integral part of supporting the children for life in modern Britain. In Year 5, children learnt about physical and emotional changes during puberty including the menstrual cycle and in Year 6 they will revisit these topics and then cover the sex education topics of conception, pregnancy and birth.

Relationships Education and Health Education, as well as anything covered in the science curriculum, is statutory. However in regards to the sex education lessons, you do have the right to withdraw your child. If you do not want your child to take part in some or all of the lessons on sex education, please complete the form which can be found in Appendix 3 of the Aspire RSE policy on the school website by Wednesday 27th February. The RSE lessons will be taught weekly, starting on Friday 1st March.

If you have any questions, please speak to the class teacher.

Yours sincerely,

Bovingdon Primary Academy

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